

## How climate change impacts our environment



BENDIGO

HE&LTH

Climate change is one of the greatest threats to our health Temperatures are expected to rise by 2.8-3°C by 2050



Pollution contaminates air, water & soil



More severe bushfires, storms and floods



Changes in temperature and rainfall patterns affect farming and food security



Extreme weather can lead to changes in quality of water sources

LODDON MALLEE

PUBLIC HEALTH UNIT

## How climate change impacts our health



Bad air quality leads to breathing problems



Severe weather events can lead to injury and loss of life



Mental health issues after extreme weather events



Heat waves can cause heatstroke, heart problems and stroke



More mosquitoes can spread diseases like Ross River Virus



Poor water and food quality can cause gastro

## How climate change action is good for our health



Using public transport means less pollution, road congestion and cleaner air



Buying or growing local produce increases access to cheaper and fresh plant - based food



Riding a bike means less pollution and more exercise to improve heart health



Waste management reduces landfill waste and improves air, water and soil quality



Green spaces create community connection, improve mental wellbeing and reduce heat stress



Energy efficient buildings reduce emissions and protect people from extreme weather



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